

## Adult Classes and Events – Spring 2024

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Barcode # \_\_\_\_\_ Email Address: \_\_\_\_\_

| Program Name   | Day/Date            | Time          |
|--|---------------------|---------------|
| <b>Arts &amp; Crafts</b>   |                     |               |
| ACRYLIC PAINTING   | Thursday, March 28  | 6:30pm        |
| PAINTED MUGS   | Thursday, April 11  | 6:30pm        |
| SUN & MOON PAINT CLASS   | Monday, April 22    | 6:30pm        |
| PAINT LIKE PICASSO   | Thursday, April 25  | 6:30pm        |
| APRIL SHOWERS BRING MAY FLOWERS  | Tuesday, April 30   | 6:30pm        |
| PAINTED TERRACOTTA POTS  | Monday, May 6       | 6:30pm        |
| <b>Book Discussions</b>  |                     |               |
| TOM SEAVER: A TERRIFIC LIFE BY BILL MADDEN   | Thursday, March 7   | 6:30pm        |
| BETTER LIVING THROUGH BIRDING BY CHRISTIAN COOPER  | Thursday, April 11  | 2:00pm        |
| <b>Business &amp; Finance</b>  |                     |               |
| MAXIMIZING SUSTAINABLE INCOME  | Wednesday, March 13 | 6:30pm        |
| SCORE: STARTING A BUSINESS   | Wednesday, April 24 | 7:00pm        |
| SCORE: MARKETING   | Wednesday, May 1    | 7:00pm        |
| SCORE: SOCIAL MEDIA  | Wednesday, May 8    | 7:00pm        |
| <b>Cooking</b>   |                     |               |
| SIMPLY CREATIVE WITH CHEF ROB SCOTT: Bolognese tossed with pasta                         | Monday, March 18    | 6:30pm        |
| MASTER BREAD DOUGH CLASS   | Tuesday, April 2    | 7:00pm        |
| <b>Defensive Driving</b>   |                     |               |
| DEFENSIVE DRIVING *\$33 check due at registration, made payable to Empire Safety Council | Saturday, April 20  | 9:30am-3:30pm |
| <b>Games &amp; Activities</b>  |                     |               |
| BINGO *For Hauppauge cardholders only  | Monday, March 4     | 6:30pm        |
| BINGO *For Hauppauge cardholders only  | Monday, April 1     | 6:30pm        |
| LEFT, CENTER, RIGHT *For Hauppauge cardholders only                                      | Wednesday, March 27 | 6:30pm        |
| LEFT, CENTER, RIGHT *For Hauppauge cardholders only                                      | Wednesday, April 17 | 6:30pm        |
| LEFT, CENTER, RIGHT *For Hauppauge cardholders only                                      | Wednesday, May 15   | 6:30pm        |

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| Program Name   | Day/Date                                   | Time               |
|--|--|--------------------|
| <b>Health &amp; Fitness</b>  |  |                    |
| EXERCISE WITH VICKI *For Hauppauge cardholders only                                  | Tuesdays & Thursdays, March 5-June 6       | 10:00am            |
| VIRTUAL EXERCISE WITH VICKI *email address required                                  | Tuesdays & Thursdays, March 5-June 6       | 10:00am            |
| CHAIR YOGA *For Hauppauge cardholders only   | Mondays, March 11-June 3 (no class May 27) | 3:30pm             |
| CHAIR YOGA *For Hauppauge cardholders only   | Wednesdays, March 13-June 5                | 11:00am            |
| BOOSTING YOUR IMMUNE SYSTEM / COVID RECOVERY   | Wednesday, March 6                         | 10:00am            |
| STONY BROOK MEDICINE HEALTHY LIBRARIES PROGRAM TEAM VISIT (no registration needed)   | Saturday, March 23                         | 11:00am-3:00pm     |
| FREE HEALTH SCREENING  | Monday, April 8                            | 10:00am-2:00pm     |
| UNDERSTANDING BLOOD PRESSURE   | Wednesday, May 15                          | 11:30am            |
| <b>History &amp; Local Interest</b>  |  |                    |
| FOURTH PRECINCT COMMUNITY MEETING (no registration needed)                           | Tuesday, March 5                           | 7:00pm             |
| STARGAZING   | Thursday, March 14                         | 6:30pm             |
| BIRDS OF PREY  | Tuesday, March 19                          | 7:00pm             |
| PAPER SHREDDING (no registration needed)   | Saturday, April 20                         | 11:00am-2:00pm     |
| ISLANDWIDE WEATHER   | Tuesday, May 14                            | 7:00pm             |
| <b>House &amp; Home</b>  |  |                    |
| HAUPPAUGE FLEA (application online for selling/no registration needed for attending) | Saturday, April 20                         | 10:00am-2:00pm     |
| DESIGNING A HOME YOU LOVE  | Thursday, May 2                            | 7:00pm             |
| <b>New Adult</b>   |  |                    |
| MARIO KART CHAMPIONSHIP  | Friday, April 12                           | 6:30pm             |
| MARIO KART CHAMPIONSHIP  | Friday, May 17                             | 6:30pm             |
| <b>Technology Classes</b>  |  |                    |
| MOVIE EDITING  | Wednesday, March 20                        | 6:30pm             |
| POPULAR TRAVEL APPS  | Thursday, April 4                          | 6:30pm             |
| PHOTO EDITING  | Thursday, May 9                            | 6:30pm             |
| <b>Wise &amp; Well</b>   |  |                    |
| ONE-ON-ONE MEDICARE COUNSELING AND ASSISTANCE  | Mondays, March 11, April 8, and May 13     | 10am-1pm, by appt. |
| ELDER LAW SEMINAR  | Tuesday, March 26                          | 2:00pm             |
| ST. PATRICK'S DAY SOCIAL   | Wednesday, March 13                        | 3:00pm             |
| CINCO DE MAYO SOCIAL   | Wednesday, May 1                           | 3:00pm             |
| LONG-TERM CARE PLANNING  | Friday, May 17                             | 2:00pm             |