

Adult Classes and Events – Winter 2023-2024

Name: _____ Phone Number: _____

Barcode # _____ Email Address: _____

Program Name	Day/Date	Time
Arts & Crafts		
GREETING CARD WORKSHOP	Thursday, December 7	4:00pm
FRESH EVERGREEN KISSING BALL *For Hauppauge cardholders only	Wednesday, December 13	6:30pm
PEPPERMINT BARK TREAT (Please choose one session only)	Thursday, December 14	4:00pm
PEPPERMINT BARK TREAT (Please choose one session only)	Thursday, December 14	6:00pm
WINTER ETCHED PLATE *For Hauppauge cardholders only	Thursday, January 11	6:30pm
CHOCOLATE ROSES	Thursday, February 8	6:30pm
Book Discussions		
REMARKABLY BRIGHT CREATURES BY SHELBY VAN PELT	Thursday, January 25	2:00pm
TOM SEAVER: A TERRIFIC LIFE	Thursday, March 7	6:30pm
Business & Finance		
DEVELOPING AN INFORMED AND LASTING LONG-TERM CARE STRATEGY	Wednesday, December 6	6:30pm
FOUR TRENDING INVESTMENT TOPICS	Wednesday, January 17	6:30pm
ELDER LAW AND TRUSTS	Wednesday, January 24	2:00pm
FINANCE 101: SHIFT YOUR MONEY MINDSET	Wednesday, February 7	6:30pm
Cooking		
SIMPLY CREATIVE WITH CHEF ROB SCOTT: TASTY HOLIDAY GATHERINGS *HPL only	Thursday, December 21	6:30pm
SIMPLY CREATIVE WITH CHEF ROB SCOTT: SWEET AND SAVORY *HPL only	Wednesday, January 3	6:30pm
MEDITERRANEAN COOKING WITH NAELA'S ORGANICS *For Hauppauge cardholders only	Monday, January 22	6:30pm
DELICIOUS READS BOOK CLUB -Soup-er bowl Edition	Monday, February 5	6:30pm
RAINBOW COOKIE CAKE *For Hauppauge cardholders only	Wednesday, February 28	7:00pm
Defensive Driving		
DEFENSIVE DRIVING *\$33 check due at registration, made payable to Empire Safety Council	Saturday, January 20	9:30am-3:30pm

Program Name	Day/Date	Time
Games & Activities		
VIRTUAL FAMILY BINGO	Monday, February 5	6:30pm
BINGO	Monday, January 8	6:30pm
BINGO	Monday, March 4	6:30pm
Health & Fitness		
EXERCISE WITH VICKI *For Hauppauge cardholders only	Tuesdays & Thursdays, December 7-March 5	10:00am
VIRTUAL EXERCISE WITH VICKI *email address required	Tuesdays & Thursdays, December 7-March 5	10:00am
CHAIR YOGA *For Hauppauge cardholders only	Mondays, Dec 11-March 4 (no class 12/25 & 1/1)	3:30pm
CHAIR YOGA *For Hauppauge cardholders only	Wednesdays, December 13- March 6	11:00am
INNER PEACE THROUGH MEDITATION	Monday, December 11	6:30pm
LYME DISEASE AWARENESS AND PREVENTION PRESENTATION	Friday, January 12	12:00pm
TIPS FOR INTRODUCING MORE FRUITS, VEGETABLES AND OTHER NUTRITIOUS FOODS INTO A MENU	Tuesday, January 16	6:30pm
HOW TO BEAT THE WINTER BLAHS	Thursday, February 1	6:30pm
History & Local Interest		
PRESIDENT'S DAY EVENT	Monday, February 19	6:30pm
House & Home		
TOP TEN ORGANIZING TIPS	Wednesday, January 10	6:30pm
OPERATION MEDICINE CABINET	Tuesday, January 23	10:00am- 1:00pm
Music & Entertainment		
LA BOHÈME BY GIACOMO PUCCINI	Sunday, December 3	2:00pm
KARPENTEERS HOLIDAY SHOW	Sunday, December 17	2:00pm
EVAN & JAMES CONCERT	Sunday, January 28	2:00pm
REEL TALK! MOVIE DISCUSSION	Monday, January 29	6:30pm
ANTIQUA ROADSHOW WITH APPRAISER EDDIE COSTELLO	Sunday, February 11	2:00pm
Parents & Caregivers		
INFANT MASSAGE	Wednesday, January 31	10:00am
YOUR FAMILY AND SCREENS	Thursday, January 18	6:30pm
Technology Classes		
VISION BOARD 2024	Tuesday, December 19	6:30pm
APPS FOR A HEALTHY LIFESTYLE	Thursday, January 25	6:30pm
Wise & Well		
ONE-ON-ONE MEDICARE COUNSELING AND ASSISTANCE	Mondays, Dec 11, Jan 8, Feb 12, and March 11	10am-1pm, by appt.
MONEY SMARTS FOR OLDER ADULTS: Hosted by Suffolk County Legislator Trish Bergin	Thursday, January 11	1:30pm
HOLIDAY DESSERT SOCIAL	Wednesday, December 6	3:00pm
CHOCOLATE DELIGHT SOCIAL	Wednesday, February 14	3:00pm