

BIRTHDAY CARDS FOR OLDER ADULTS

Teen Volunteers Grades 6-12

Everyone wants to feel special on their birthday. Making cards for seniors is an easy and fun way to make someone's day special. DOROT is an organization located in NYC with the ultimate goal of alleviating social isolation among seniors. They send over 3,000 cards to older adults each year. Sometimes, these cards are the only communication an older adult receives to acknowledge their special day. You can help in their efforts!

How to complete this project:

- Use cardstock (heavy paper) or construction paper for your card base.
- Write *Happy Birthday* on the front of the card.
- Glue white paper on the inside of the card to make your personal message easy to read.
- After your message on the inside, please leave space for DOROT to write a message of their own.
- Make sure to write in neat, large, clear block (print) letters. Many have a hard time reading small print.
- Make your cards as colorful and decorative as you'd like but please refrain from using materials that might fall off or make a mess, such as glitter, sequins, feathers, tissue paper, ribbons or buttons. Suggested materials include stickers, watercolors, puff paint, markers, etc.
- "Sign" the back of the card with your first name only, your age, and the name of our library.
- Print out the "Cardmaking Project Volunteer Information Form" from our website and fill in the highlighted spots with your information. Include this form with your cards when you mail them to the organization.

Take a picture of your finished cards in one photo and email it as an attachment to the following address: help@hauppaugelibrary.org with the subject line: *Volunteer Birthday Cards for Older Adults*.

In the body of the email, include your full name, phone number, and grade level. Within 5 days, you will receive notification of your community service.

After emailing the Hauppauge Library for your service credit, send the physical cards to:

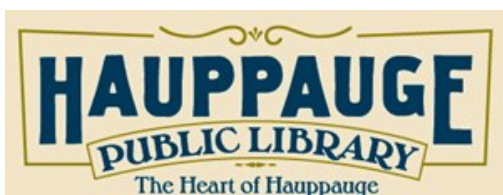
DOROT

Attn: Cardmaking Program

171 West 85th Street

New York, NY, 10024

Teens will receive one (1) hour of community service for four (4) original cards. Maximum credit for this project is three (3) hours, which equals twelve (12) cards, per newsletter season: Winter (Dec/Jan/Feb); Spring (Mar/Apr/May); Summer (Jun/Jul/Aug); Fall (Sept/Oct/Nov).



Hauppauge Public Library

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