

Adult Classes and Events – Summer 2022

Name: _____ Phone Number: _____

Barcode # _____ Email Address: _____

Arts & Crafts				
Code		Program Name	Day/Date	Time
HPA3567		Paint Night	Monday, June 13	6pm
HPA3599		Quilled Flowers	Wednesday, June 29	6pm
HPA3600		Lighthouse Painting	Wednesday, July 20	6:30pm
HPA3601		Let Your Dreams Set Sail Pillowcase	Wednesday, August 3	6:30pm
HPA3602		Seaside Pendant	Monday, August 8	6:30pm
HPA3603		Under the Sea Mesh Wreath	Wednesday, August 17	6:30pm
Book Discussions				
HPA3604		The Maid by Nita Prose	Thursday, July 7	2pm
HPA3606		Dog Songs by Mary Oliver	Thursday, August 18	6:30pm
HPA3605		Saint X by Alexis Schaitkin	Thursday, September 8	6:30pm
Business & Finance				
HPA3541		Maximize Your Social Security Benefits in Retirement	Wednesday, June 8	6:30pm
HPA3607		Estate Planning	Wednesday, June 22	6:30pm
HPA3629		Financial Goal Setting for Families	Thursday, July 14	6:30pm
Cooking				
HPA3608		The Power of a Plant-Based Plate	Wednesday, July 13	6pm
HPA3609		Plant-Based Nutrition and Meal Planning	Monday, August 1	6pm
HPA3610		Middle Eastern Cooking Demo with Naela's Organics	Monday, August 22	6:30pm

Defensive Driving				
HPS5040		AARP Smart Driver Course *\$25/30 check due at registration, made payable to AARP	Wednesday, June 8	10am-4pm
HPA0028		Defensive Driving *\$30 check due at registration, made payable to Empire Safety Council	Saturday, June 18	9:30am-3:30pm
HPA0028		Defensive Driving *\$30 check due at registration, made payable to Empire Safety Council	Saturday, September 10	9:30am-3:30pm
Games & Activities				
HPA0309		Luau Bingo	Monday, July 11	6:30pm
HPA0309		Luau Bingo on Zoom *email address required	Monday, July 11	6:30pm
HPA3611		Oceans of Fun Trivia	Monday, July 18	6:30pm
HPA3291		Cool Treats Bingo	Monday, August 15	6:30pm
HPA3291		Cool Treats Bingo on Zoom *email address required	Monday, August 15	6:30pm
Health & Fitness				
HPA3591		Exercise with Vicki	Tuesdays & Thursdays, June 9-September 6 <small>(no class August 11)</small>	10am
HPA3591		Exercise with Vicki on Zoom *email address required	Tuesdays & Thursdays, June 9-September 6 <small>(no class August 11)</small>	10am
HPA3592		Zumba and Cardio Soul	Thursdays, June 9-June 30	6pm
HPA3518		Chair Yoga	Mondays, June 13 & June 20	2pm
HPA3518		Chair Yoga	Mondays, June 27-August 29 <small>(no class July 4)</small>	11am
HPA3612		Essential Steps to Healthy Aging	Monday, July 25	6:30pm
HPA3613		Meditation Techniques	Wednesday, July 27	6:30pm
HPA3614		Keeping Your Brain Healthy as You Age	Wednesday, September 7	6:30pm
History & Local Interest				
HPA3630		The History of Juneteenth	Sunday, June 12	2pm
HPA3631		Long Island's Tropical Drifters	Wednesday, July 6	6:30pm
HPA3615		Fire Island Lighthouse Tour	Wednesday, July 13	9am-12pm
HPA3616		Long Island Lighthouses	Monday, August 29	6:30pm

House & Home				
HPA3617		Electric Vehicles 101	Wednesday, June 15	6:30pm
Music & Entertainment				
HPA3618		Turnpike Joe & The Traffic Jam	Sunday, June 26	2pm
HPA3619		Jaws Film Discussion	Wednesday, August 10	6:30pm
HPM3128		Outdoor Movie: Encanto	Friday, July 1	7pm
HPA3625		Outdoor Concert: BonJourney	Friday, July 8	7pm
HPJ1625		Outdoor Concert: Brady Rymer	Friday, July 15	7pm
HPA3626		Outdoor Concert: Roots Foundation (Bob Marley Tribute)	Friday, July 22	7pm
HPA3627		Outdoor Concert: Endless Summer (Beach Boys Tribute)	Friday, July 29	7pm
HPM3129		Outdoor Movie: Spider-Man: No Way Home	Friday, August 5	8pm
HPM3127		Family Fun Night: Mini Golf & Arcade Games	Friday, August 12	7pm-10pm by appt
HPA3628		Outdoor Concert: Southbound	Friday, August 19	7pm
Technology Classes				
HPA3620		Google Workspace: Part 1	Saturday, June 18	10am
HPA3622		Using Your iPhone Camera to its Fullest Potential	Monday, June 20	6:30pm
HPA3621		Google Workspace: Part 2	Saturday, June 25	10am
Wise & Well				
HPS5054		One-on-One Medicare Counseling and Assistance	Mondays, June 13, July 11, August 8, and September 12	10am-1pm by appt
HPA3623		Summer Social	Wednesday, June 29	3pm
HPA3624		Ice Cream Social	Wednesday, August 24	3pm