

Adult Classes and Events – Spring 2022

Name: _____ Phone Number: _____

Barcode # _____ Email Address: _____

Arts & Crafts				
Code		Program Name	Day/Date	Time
HPA3566		Paint Night	Monday, April 11	6pm
HPA3590		Meet the Artists: John Koch and Antrea Ioannidis	Saturday, April 30	2pm
HPA3568		Friends Community Photography Contest Reception	Monday, June 6	6:30pm
BOOK DISCUSSIONS				
HPA3540		An American Sunrise by Joy Harjo	Monday, March 21	6:30pm
HPA3597		Virtual Film Screening: Conscience Point *email address required for passcode	March 8-April 8	at your leisure
HPA3569		The Living and the Lost by Ellen Feldman	Wednesday, April 13	6:30pm
HPA3569		Tea Girl of Hummingbird Lane by Lisa See	Wednesday, May 11	1:30pm
BUSINESS & FINANCE				
HPA3570		Conflict Resolution 101	Wednesday, March 30	6:30pm
HPA3541		Social Security Planning: What Baby Boomers Need to Know	Wednesday, April 6	6:30pm
HPA3598		Developing a College Funding Plan	Wednesday, May 4	6:30pm
COOKING				
HPA3571		Simply Creative with Chef Rob Scott: Traditional Irish Soda Bread	Sunday, March 13	2pm
HPA3572		Middle Eastern Cooking Demo with Naela's Organics	Wednesday, March 23	6pm
HPA3573		Simply Creative with Chef Rob Scott: Spring Pasta and Salad	Monday, April 4	6pm
HPA3574		Simply Creative with Chef Rob Scott: Chicken Fajita and Penne Skillet	Sunday, May 15	2pm

Defensive Driving				
HPA0028		Defensive Driving *\$30 check due at registration, made payable to Empire Safety Council	Saturday, March 19	9:30am-3:30pm
HPA0028		Defensive Driving *\$30 check due at registration, made payable to Empire Safety Council	Saturday, May 14	9:30am-3:30pm
Games & Activities				
HPA3514		Virtual Bingo* email address required	Monday, March 14	6:30pm
HPA3514		Virtual Bingo* email address required	Monday, May 9	6:30pm
HPA3575		Bridge for Advanced Beginners/Intermediates	Mondays, April 25-June 20 (no class May 30)	10am-12pm
Health & Fitness				
HPA3591		Exercise with Vicki	Tuesdays & Thursdays, March 10-June 7	10am
HPA3596		Virtual Exercise with Vicki* email address required	Tuesdays & Thursdays, March 10-June 7	10am
HPA3518		Chair Yoga	Mondays & Wednesdays, March 9-June 6 (no classes March 16 and May 30)	3pm
HPA3592		Zumba and Cardio Soul	Thursdays, March 31-April 21	6pm
HPA3520		Free Health Screening	Tuesday, April 26	10am-2pm
HPA3576		The Microbiome: A Connection Between Gut Bacteria and Health	Wednesday, May 18	6:30pm
History & Local Interest				
HPA3552		History of the Bayard Cutting Family and their Estate	Monday, March 7	6:30pm
HPA3577		A Penny Postcard View of Long Island	Monday, March 28	6:30pm
HPA3578		Plundered: The History of Art Looted and Lost During World War II	Monday, April 25	6:30pm
HPA3579		Songbirds of Long Island	Wednesday, May 11	6:30pm
House & Home				
HPA3580		The Family Kitchen Organic Garden	Wednesday, April 27	6pm

Lunch & Learn				
HPA3581		Green Inside & Out: What You Need to Know about Clothing and How to Green Your Wardrobe	Friday, April 8	12:30pm
Music & Entertainment				
HPA3582		Virtual Holi Celebration	Wednesday, March 16	6:30pm
HPA3583		Concept Album Conversation with Adam King	Sunday, March 20	2pm
HPA3584		Irish Music with Gil McLean	Sunday, March 27	2pm
HPA3585		Gene Casey Country	Sunday, April 24	2pm
HPA3586		Broadway & Beyond	Sunday, May 1	2pm
HPA3587		Summer Breeze: Oldies Trio	Sunday, May 22	2pm
Technology Classes				
HPA3561		Best Apps for a Healthy Lifestyle	Wednesday, March 9	6:30pm
HPA3593		Microsoft Excel: Level 1	Saturday, March 26	10am
HPA3594		Microsoft Excel: Level 2	Saturday, April 2	10am
HPA3595		Microsoft Excel: Level 3	Saturday, April 9	10am
HPA3589		Let's Make a Smart Movie: Part 1	Saturday, May 14	10am
HPA3589		Let's Make a Smart Movie: Part 2	Saturday, May 21	10am
Wise & Well				
HPS5054		One-on-One Medicare Counseling	Monday, March 14	10am-1pm. By appt
HPS5054		One-on-One Medicare Counseling	Monday, April 11	10am-1pm. By appt
HPS5054		One-on-One Medicare Counseling	Monday, May 16	10am-1pm. By appt
HPS5053		Medicare Basics	Wednesday, April 27	10am
HPA3416		Earth Day Garden Party	Thursday, April 14	3pm