

Adult Classes and Events – Spring 2019

Name: _____ Phone Number: _____

Barcode # _____

Arts & Crafts

Code	✓	Program Name	Day/Date	Time
HPA3204		Fidget Quilts	Saturday, March 9	10am-2pm
HPA3257		Alcohol Ink Painting on Tile	Thursday, March 28	7pm
HPA3258		Beginner Soap Making	Monday, April 8	7pm
HPA3259		Paint Night: Spring Daffodils	Thursday, April 11	6:30pm
		(or)	Thursday, May 2	6:30pm
HPA3276		Meet the Artist	Monday, April 22	7pm
HPA3260		Memory Wire Bracelet	Thursday, May 9	7pm

Book Discussions

Code	✓	Program Name	Day/Date	Time
HPA3261		A Well-Behaved Woman	Thursday, March 21	2pm
HPA3277		Drawdown	Wednesday, April 10	7pm
HPA3270		Presumed Innocent	Tuesday, April 16	7pm
HPA3262		The Female Persuasion	Thursday, April 25	7pm
HPA3263		The Secrets Between Us	Thursday, May 23	2pm

Business & Finance

Code	✓	Program Name	Day/Date	Time
HPA3254		Savvy IRA Planning	Monday, March 4	7pm
HPA3264		Elder Law, Estate Planning & Medicaid	Monday, March 25	7pm

Cooking

Code	✓	Program Name	Day/Date	Time
HPA3242		Simply Creative with Chef Rob Scott: Irish Soda Bread Muffins	Monday, March 18	6:30pm
HPA3243		Italian Cuisine: Beyond Spaghetti and Meatballs	Wednesday, March 27	6:30pm
HPA3244		Simply Creative with Chef Rob Scott: Chocolate Snickerdoodle Banana Bread	Tuesday, April 9	6:30pm

HPA3245		Simply Creative with Chef Rob Scott: Roma Stuffed Tomatoes	Thursday, May 16	6:30pm
HPA3246		Vegetarian Comfort Food	Tuesday, May 21	6:30pm

Games & Activities

Code	✓	Program Name	Day/Date	Time
HPA0098		Irish Bingo Hauppauge cardholders only	Monday, March 11	7pm
HPA0133		April Showers Bingo Hauppauge cardholders only	Monday, April 1	7pm
HPA0193		Trivia Night Hauppauge cardholders only	Monday, April 15	7pm
HPA0212		May Flowers Bingo Hauppauge cardholders only	Monday, May 20	7pm

Health & Fitness

Code	✓	Program Name	Day/Date	Time
HPA0032		Chair Yoga Hauppauge cardholders only	Mondays, March 4-May 20 (no classes March 25 & April 22)	3:15pm
HPS5001		Exercise with Cathy Hauppauge cardholders only	Tuesdays & Thursdays, March 5-May 30	10am
		(or)	Tuesdays & Thursdays, March 5-May 30	11am
HPA3247		Eating Better on a Budget	Wednesday, March 6	3pm
HPA3272		What's in Your Medicine Cabinet?	Thursday, March 14	7pm
HPA3275		Colon Cancer Awareness	Wednesday, March 20	3pm
HPA3248		Rethink Your Drink	Wednesday, April 17	7pm
HPA3249		Meditation as Medication	Wednesday, May 1	6:30pm
HPA3265		Low Back Pain and Sciatica	Wednesday, May 15	3pm
HPA0051		Free Health Screening: St. Francis Hospital Outreach Bus	Wednesday, May 29	10am-2pm

History & Local Interest

Code	✓	Program Name	Day/Date	Time
HPA3250		High Heels: Bending Feet, Bending Minds	Wednesday, March 20	7pm
HPA3251		The City as Muse	Wednesday, May 8	7pm

House & Home

Code	✓	Program Name	Day/Date	Time
HPA0382		Paper Shredding	Saturday, March 2	10am-12pm
HPA3266		Community Preparedness: How to Survive an Active Shooter Incident	Tuesday, March 5	6:30pm
HPA3252		Flowers and Vegetables for the Early Spring Garden	Tuesday, March 26	7pm
HPA0206		Pet Adoption Fair	Saturday, June 1	10am-1pm

Music & Entertainment

Code	✓	Program Name	Day/Date	Time
HPA3255		Jazz at Lincoln Center Digital Concert: Blood on the Fields, Part 2	Sunday, March 3	2pm
HPA3253		Bill Martin Presents: The Operatic Finale	Sunday, March 24	2pm
HPA0057		The New York Exceptions	Sunday, April 7	2pm
HPA3256		Jazz at Lincoln Center Digital Concert: Abyssinian Mass	Sunday, April 14	2pm
HPA3271		Sweet Lorraine Duo	Sunday, April 28	2pm
HPA3267		Memory Makers Vocal Group	Sunday, May 5	2pm
HPA3274		TrapKatz	Sunday, May 19	2pm

Technology Classes

Code	✓	Program Name	Day/Date	Time
HPA3268		Simplify Your Smartphone	Wednesday, March 13	7pm
HPA3269		Cut the Cord: Alternatives to Cable TV	Wednesday, April 3	7pm
HPA3273		Shopping, Safety and Security Online	Wednesday, May 15	6:30pm

Wise & Well

Code	✓	Program Name	Day/Date	Time
HPS5009		St. Patrick's Social	Wednesday, March 13	3pm
HPS5092		Dementia Conversations	Wednesday, March 27	10am
HPS5093		The Language of Healthcare	Wednesday, April 10	11am
HPS5064		Cinco de Mayo Social	Wednesday, May 1	3pm